

### Minimum Wage

Department of Labor  
**MINIMUM WAGE LAW**

Revised Statutes Annotated Chapter 279, as amended

Unless otherwise provided by statute, no person, firm, or corporation shall employ any employee at an hourly rate lower than that set forth in the federal minimum wage law, as amended.

**\$7.25 PER HOUR EFFECTIVE SEPTEMBER 1, 2008**

**Exempt from RSA 279 are:**  
Employees engaged in Household Labor, Domestic Labor, Farm Labor, Outside Sales Representatives, Summer Camps for Minors, Newspaper Carriers, Non-Professional Ski Patrol and Golf Caddies.

**OVERTIME PAY.** Those employees covered by RSA 279, with the following exceptions, shall in addition to their regular compensation, be paid at the rate of time and one-half for all time worked in excess of 40 hours in any one week:

- Any employee employed by an amusement, seasonal, or recreational establishment if:
  - it does not operate for more than 7 months in any calendar year; or
  - during the preceding calendar year, its average receipts for any 6 months of such year were not more than 33 1/3 percent of its average receipts for the other 6 months of such year.
- Any employee of employers covered under the provisions of the Federal Fair Labor Standards Act.

Tipped employees of a restaurant, hotel, motel, inn or cabin, who customarily and regularly receive more than \$30 a month in tips directly from the customers will receive a base rate from the employer of not less than 45 percent of the applicable minimum wage. Restaurant shall include an establishment in a temporary or permanent building, kept, used, maintained, advertised, and held out to the public to be a place where meals are regularly prepared or served for which a charge is made and where seating and table service is available for customers or where delivery services are available. The term does not include establishments which do not primarily prepare and serve food.

REV. 02/01/2018

*NOTICE: This state has its own minimum wage law. Employers are also required to display the federal Employee Rights Under the Fair Labor Standards Act posting, which indicates the federal minimum wage. Where federal and state rates both apply to an employee, the U.S. Department of Labor dictates that the employee is entitled to the higher minimum wage rate.*

*THIS NOTICE IS FOR INFORMATIONAL PURPOSES ONLY.*

### Discrimination

**EMPLOYMENT DISCRIMINATION IS AGAINST THE LAW IN NEW HAMPSHIRE**

**Based on:**

Race	Sex	Religion
Color	Gender Identity	Pregnancy
National Origin	Sexual Orientation	Physical Disability
Age	Marital Status	Mental Disability

**NEW HAMPSHIRE COMMISSION FOR HUMAN RIGHTS**  
CONCORD, NH 03301  
FOR INFORMATION CALL:  
603.271.2767  
[nh.gov/hrc](http://nh.gov/hrc)

REV. 02/01/2018

### Veterans' Benefits and Services

Department of Labor  
**NOTICE OF VETERANS' BENEFITS AND SERVICES**

Employees may access information about veterans' benefits and services through the following:

**New Hampshire Department of Military Affairs and Veterans' Services**  
Main Website: [www.dmvvs.nh.gov](http://www.dmvvs.nh.gov) – Telephone: (603) 225-1200  
NH Division of Veterans Services: <https://www.dmvvs.nh.gov/veterans-services> - Telephone: (603) 624-9230

**Substance Abuse and Mental Health Treatment Resources**  
NH Strong as Granite - [www.dhhs.nh.gov/programs-services/health-care/behavioral-health/strong-granite](http://www.dhhs.nh.gov/programs-services/health-care/behavioral-health/strong-granite)  
US Substance Abuse and Mental Health Services Administration - [www.samhsa.gov](http://www.samhsa.gov) - 1-877-726-4727  
US Department of Veterans Affairs ("VA") - [www.va.gov](http://www.va.gov) - 1-800-827-1000  
National Alliance on Mental Illness ("NAMI") - [www.nami.org](http://www.nami.org) - 1-800-950-6264  
NH Recovery Friendly Workplace Initiative - [www.recoveryfriendlyworkplace.com](http://www.recoveryfriendlyworkplace.com) - (603) 271-2121

**Educational, Workforce, and Training Resources**  
NH Department of Employment Security - [www.nhes.nh.gov/services/job-seekers/veterans](http://www.nhes.nh.gov/services/job-seekers/veterans) - (603) 224-3311  
US Department of Labor Veterans Employment and Training Service - [www.dol.gov/agencies/vets](http://www.dol.gov/agencies/vets) - 1-866-237-0275  
VA Veteran Readiness and Employment ("VR&E") - [www.benefits.va.gov/vrehab](http://www.benefits.va.gov/vrehab)

**Tax Benefit Resources**  
Contact your town/city tax assessor's office for information about veterans' property tax credit benefits.

**Obtaining a Veteran's Indicator on Driver's License or Non-driver ID Card**  
NH Department of Safety, Division of Motor Vehicles - [www.dmv.nh.gov](http://www.dmv.nh.gov) - (603) 227-4000

**Unemployment Insurance Benefits**  
NH Department of Employment Security - [www.nhes.nh.gov](http://www.nhes.nh.gov) - (603) 224-3311  
**Whole Health Care Services - to include Oral Health Care Options for qualified NH Veterans**  
VA Manchester Health Care System - <https://www.va.gov/manchester-health-care/> - (603) 624-4366  
NH Veterans Freedom to Smile - [www.dmvvs.nh.gov/community-based-military-programs/veterans-freedom-smile-initiative-oral-health-care-options](http://www.dmvvs.nh.gov/community-based-military-programs/veterans-freedom-smile-initiative-oral-health-care-options)

**Legal Services Resources**  
603 Legal Aid - [www.603legalaid.org](http://www.603legalaid.org) - (603) 224-3333  
New Hampshire Legal Assistance - [www.nhla.org](http://www.nhla.org) - 1-800-562-3174  
NH Bar Association Lawyer Referral Service - [www.nhbar.org](http://www.nhbar.org) - (603) 229-0002

**Veterans' Crisis Line**  
Dial 988 then Press 1

**INSPECTION DIVISION**  
95 PLEASANT ST.  
CONCORD, NH 03301  
(603) 271-6294

**Danielle N. Albert**  
Deputy Commissioner

**Ken Merrifield**  
Commissioner

**THIS NOTICE MUST BE POSTED IN A LOCATION ACCESSIBLE TO ALL EMPLOYEES**

REV. 09/17/2024

*NOTICE: This state requires an employer to display a Workers' Compensation posting furnished by the employer's insurance carrier or a state agency. Employers should contact their insurance carrier or the appropriate state agency to obtain a copy of this state's Workers' Compensation posting or notice of compliance/certificate of insurance. Employers should refer to the Workers' Compensation posting or notice of compliance/certificate of insurance furnished by the state or the employer's insurance carrier for information about Workers' Compensation.*

*THIS NOTICE IS FOR INFORMATIONAL PURPOSES ONLY. IT DOES NOT FULFILL THIS STATE'S WORKERS' COMPENSATION POSTING REQUIREMENT.*

### Protective Legislation

Department of Labor  
**PROTECTIVE LEGISLATION LAW**

Wages In this Establishment Will Be Paid On:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**PAYMENT OF WAGES.** All wages due an employee must be paid on a weekly or biweekly basis. The Labor Commissioner may, upon written petition showing good and sufficient reason, permit payment of wages less frequently, except it shall be at least once each calendar month.

**NOTICE TO EMPLOYEE.** Employer must notify employee in writing when hiring of the rate of pay, or any changes prior to change; make available in writing, or by posted notice, employment practices and policies on vacation pay, sick leave and other fringe benefits; furnish employee statement of deductions each payday.

**LUNCH OR EATING PERIOD.** An employer may not require an employee to work more than five consecutive hours without granting him a one-half-hour lunch or eating period, except if it is feasible for the employee to eat during the performance of his/her work, and the employer permits him/her to do so.

**ACCESS TO PERSONNEL FILE.** Every employer shall provide a reasonable opportunity for an employee who so requests to inspect such employee's personnel file and upon request provide such employee with a copy of all or part of the file.

**WITHHOLDING WAGES.** Employer may not withhold or divert any portion of an employee's wages unless required or empowered by state or federal law; or unless by written authorization by the employee for a lawful purpose accruing to the benefit of the employee, per regulation promulgated by the Commissioner.

**EMPLOYEES SEPARATED.** When an employee quits, resigns, or is suspended because of labor dispute wages must be paid not later than the next regular payday or by mail if the employee so requests. Employees discharged must be paid in full within seventy-two hours. Willful failure to pay as above subjects employer to liquidated damages of ten percent of the unpaid wages for each day.

**INSPECTION DIVISION**  
95 PLEASANT ST.  
CONCORD NH 03301  
(603) 271-1492 & 271-3176

**Danielle N. Albert**  
Deputy Commissioner

**Ken Merrifield**  
Commissioner

**THIS NOTICE MUST BE POSTED IN A CONSPICUOUS PLACE**

REV. 02/01/2018

### Whistleblowers

Department of Labor  
**THE WHISTLEBLOWERS' PROTECTION ACT - RSA 275-E**

An employer shall not discharge, threaten, or discriminate against any public or private employee

- If the employee, in good faith, reports or causes to be reported an alleged violation of any law or rule adopted under the laws of this state, a political subdivision of this state, or the United States;
- OR, the employee objects to or refuses to participate in any activity that the employee, in good faith, believes is a violation of the law or rule;
- OR, the employee refuses to execute a directive which the employee, in good faith, believes violates any law or rule adopted under the laws of this state, a political subdivision of this state or the United States;
- OR, the employee participates in an investigation, hearing, or inquiry conducted by any governmental entity or any court which concerns allegations that the employer has violated any law or rule adopted under the laws of this state, a political subdivision of this state, or the United States.

**RIGHTS AND REMEDIES - RSA 275-E:4**

After the employee has made a reasonable effort to maintain or restore his/her rights through any grievance procedure or similar process available with the employer

And has filed the written complaint with the New Hampshire Department of Labor.

He/she may request a hearing with the New Hampshire Department of Labor, which can result in a judgment to order reinstatement, payment of fringe benefits, seniority rights, and injunctive relief.

**ADDITIONAL RIGHTS AND REMEDIES FOR PUBLIC EMPLOYEES ONLY - RSA 275-E:8 and 9**

Public employees can issue complaints to the New Hampshire Department of Labor, who has the authority to investigate complaints or information concerning the possible existence of any activity constituting fraud, waste, or abuse in the expenditure of any public funds, whether state or local, or relating to programs and operations involving the procurement of any supplies, services, or construction by governmental entities within the state.

The identity of the person who filed the complaint shall not be disclosed without his or her written consent, unless such disclosure is to a law enforcement agency that is conducting a criminal investigation.

No governmental entity shall take any retaliatory action against a public employee who, in good faith, files a complaint under this section and the public employee shall be afforded all protections under RSA 275-E:2.

No governmental entity shall threaten, discipline, demote, fire, transfer, reassign, or discriminate against a public employee who files a complaint with the department of labor under RSA 275-E:8 or otherwise discloses or threatens to disclose activities or information that the employee reasonably believes violates RSA 275-E:2, represents a gross mismanagement or waste of public funds, property, or manpower, or evidences an abuse of authority or a danger to the public health and safety.

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Commissioner

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REV. 02/01/2018

### Unemployment - Vacation

**PLEASE HELP YOUR EMPLOYEES BY VOLUNTARILY POSTING THIS IN A CONSPICUOUS PLACE**

*New Hampshire Employment Security*  
[www.nhes.nh.gov](http://www.nhes.nh.gov)  
*"We're working to keep New Hampshire working"*

**Is Your Company Having a Vacation Shutdown?**

After your last day of work open a claim on the Internet at  
[www.nhes.nh.gov](http://www.nhes.nh.gov)

**If you do not have Internet access, please go immediately to your nearest NH Employment Security office.**

- File as directed on the Internet application.
- Vacation and holiday pay count as wages in reference to Unemployment Compensation, but if you are unsure about eligibility because of vacation or holiday pay, please open a claim and file.

**Failure to apply immediately may result in a loss in your entitlement to some benefits!**

**What should you have available before you file?**

- Your social security number
- Know where you worked in the past 18 months, including names of companies, addresses and approximate dates you worked there.
- Have your check stubs, W2s, and 1099 forms available for easy reference.

**You have to open a claim and then file a claim each week as directed to know if you are eligible!**

**Eligibility for Unemployment Compensation is determined on an individual basis and based on the law.**

Visit the NH Employment Security Resource Center in an Employment Security office near you for free resources, tools, and information, or visit our Website at:  
[www.nhes.nh.gov](http://www.nhes.nh.gov)

NH EMPLOYMENT SECURITY OFFICES					
Berlin Littleton	Claremont Manchester	Concord Nashua	Conway Portsmouth	Keene Salem	Laconia Somersworth

NHES is a proud member of America's Workforce Network and NH WORKS.  
NHES is an Equal Opportunity Employer and complies with the Americans with Disabilities Act.  
Auxiliary aids and services are available upon request to individuals with disabilities.  
TTY Access: Relay NH 1-800-735-2964

DES 2188

REV. 01/2012

### Right to Know

Department of Labor  
**WORKER'S RIGHT TO KNOW ACT**

Revised Statutes Annotated Chapter 277-A, as amended

**EMPLOYEES**

**YOU HAVE A RIGHT TO KNOW ABOUT TOXIC SUBSTANCES USED IN THIS WORKPLACE**

**The New Hampshire "Right to Know" law (RSA 277-A) guarantees that:**

- You be notified by a posting of the long and short-term health hazards of all toxic substances that you may come into contact with.
- You be trained by your employer in the safe use and handling of these toxic materials.
- You have the right to complete information, in the form of a Material Safety Data Sheet, from your employer on any toxic substance you may have contact with. Your employer must respond to this request within five working days.

To learn more about the toxic materials used in this workplace, and to obtain Material Safety Data Sheets, contact the employer representative listed below.

<p><b>INSPECTION DIVISION</b> 95 PLEASANT ST. CONCORD NH 03301 (603) 271-1492 &amp; 271-3176</p>	<p>(EMPLOYER REPRESENTATIVE'S NAME)</p> <p><b>Danielle N. Albert</b> Deputy Commissioner</p> <p><b>Ken Merrifield</b> Commissioner</p>
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REV. 02/01/2018

### Pay Equity

Department of Labor  
**Equal Pay**  
**RSA 275:37**

It is illegal in New Hampshire under both state and federal law to pay employees different wages for the same work based solely on sex. If you think that your employer has violated this provision, please contact the New Hampshire Department of Labor, 95 Pleasant St., Concord, NH 03301

Phone: (603) 271-1492, 271-6294, or 271-3176  
Fax: (603) 271-2668  
Email: [InspectionDiv@dol.nh.gov](mailto:InspectionDiv@dol.nh.gov)

You may file a wage claim by downloading the form at:  
<http://www.nh.gov/labor/documents/wage-claim.pdf>  
The full text of RSA 275:37 Equal Pay can be found at this link:  
<http://www.gencourt.state.nh.us/rsa/html/XXIII/275/275-37.htm>

**RSA 275:38-a Non-Retaliation Provision.** No employer shall discharge or in any other manner discriminate against an employee because they invoke their rights under this statute, including filing charges or complaints, or causing any investigation, proceeding, hearing, or action under or related to this subdivision, or has testified or is planning to testify or has assisted or participated in any manner in any such investigation, proceeding, hearing, or action or has inquired about, discussed, or disclosed his or her wages or those of another employee.

This section shall not apply to any employee who has access to the wage information of other employees as a part of such employee's essential job functions who discloses the wages of such other employees to individuals who do not otherwise have access to such information, unless such disclosure is in response to a complaint or charge or in furtherance of an investigation, proceeding, hearing, or action under RSA 275:41-a including an investigation conducted by the employer. Nothing in this section shall be construed to limit the rights of an employee provided under any other provision of law.

**RSA 275:41-b Pay Disclosure.** No employer shall require that an employee refrain from disclosing the amount of his or her wages or sign a waiver or other document that purports to deny the employee the right to disclose the amount of his or her wages, salary, or paid benefits, as a condition of employment. No employer shall discharge, formally discipline, or otherwise discriminate against an employee who discloses the amount of his or her wages, salary, or paid benefits.

**RSA 275:41 Limitation of Actions.** Any action to recover unpaid wages and liquidated damages based on violation of RSA 275:37, shall be commenced within 3 years of discovery of the violation. No action brought under this section shall include any violation that occurred more than 4 years prior to the commencement of such action.

Effective Date: January 1, 2015

**INSPECTION DIVISION**  
95 PLEASANT ST.  
CONCORD NH 03301  
(603) 271-1492 & 271-3176

**Danielle N. Albert**  
Deputy Commissioner

**Ken Merrifield**  
Commissioner

REV. 06/25/2018

### Independent Contractor

Department of Labor  
**Criteria to Establish an Employee or Independent Contractor**

**"Employee" means** and includes every person who may be permitted, required, or directed by any employer, in consideration of direct or indirect gain or profit, to engage in any employment, but shall not include any person exempted from the definition of employee as stated in RSA 281-A:2, VII(b)(2), (3), or (4), or RSA 281-A:2, VII(b), or a person providing services as part of a residential placement for individuals with developmental, acquired, or emotional disabilities, or any person who meets all of the following criteria:

- The person possesses or has applied for a federal employer identification number or social security number, or in the alternative, has agreed in writing to carry out the responsibilities imposed on employers under this chapter.
- The person has control and discretion over the means and manner of performance of the work, in that the result of the work, rather than the means or manner by which the work is performed, is the primary element bargained for by the employer.
- The person has control over the time when the work is performed, and the time of performance is not dictated by the employer. However, this shall not prohibit the employer from reaching an agreement with the person as to completion schedule, range of work hours, and maximum number of work hours to be provided by the person, and in the case of entertainment, the time such entertainment is to be presented.
- The person hires and pays the person's assistants, if any, and to the extent such assistants are employees, supervises the details of the assistants' work.

- The person holds himself or herself out to be in business for himself or herself or is registered with the state as a business and the person has continuing or recurring business liabilities or obligations.
- The person is responsible for satisfactory completion of work and may be held contractually responsible for failure to complete the work.
- The person is not required to work exclusively for the employer.

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Commissioner

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REV. 02/01/2018

### Unemployment Ins.

**YOU ARE REQUIRED BY LAW TO POST THIS IN A CONSPICUOUS PLACE**

*New Hampshire Employment Security*  
[www.nhes.nh.gov](http://www.nhes.nh.gov)  
*"We're working to keep New Hampshire working"*

**UNEMPLOYMENT NOTICE**

If you become partially or totally unemployed:

**Filing in person**  
File a claim in person at the office nearest you and register for work.  
**Example:** If your last day of work was a Friday and you worked a full week, visit the office nearest you the following week  
Office Hours: 8am - 4:30pm Monday - Friday

**Filing over the Internet**  
File on-line and register for work at [www.nh.gov/nhes](http://www.nh.gov/nhes)  
**Example:** If your last day of work was a Friday and you worked a full week, do not open your claim on-line that week. Open your claim the following Sunday - Saturday (before midnight).

**Failure to apply as explained below may result in a loss in your entitlement to some benefits!**

You must file your initial claim within 3 business days of becoming unemployed or no later than the last calendar day of the first week for which you wish to file for benefits. For filing purposes you are considered to be unemployed on the last day you actually work or on the day your work hours are significantly reduced. Your claim is effective the calendar week it is opened.

**What should you have available before you file?**

- Your social security number
- Information about where you worked in the past 18 months, including company names, addresses and approximate dates you worked there
- Your most recent check stubs, W2s and 1099 forms from the last 18 months
- The amounts of your separation pay, severance, vacation, holiday, sick, bonus pay and wages in lieu of notice you received or expect to receive

**Who pays for Unemployment Compensation Taxes?**

- Employers pay the tax that is deposited in the Unemployment Compensation Trust Fund from which benefits are paid.

**Eligibility for Unemployment Compensation is determined on an individual basis and based on the law.**

**You have to open a claim and then file a claim each week to know if you are eligible.**


NH EMPLOYMENT SECURITY OFFICES					
Berlin Littleton	Claremont Manchester	Concord Nashua	Conway Portsmouth	Keene Salem	Laconia Somersworth

NHES is a proud member of America's Workforce Network and NH WORKS.  
NHES is an Equal Opportunity Employer and complies with the Americans with Disabilities Act.  
Auxiliary aids and services are available upon request to individuals with disabilities. TTY/TDD Access: Relay NH 1-800-735-2964

DES 218

REV. 01/2012

**TWO ways to verify poster compliance!**

**QR CODE** Scan with phone camera: 

**OR**

**ONLINE** Go to: [JKeller.com/LLPverify](http://JKeller.com/LLPverify)  
Enter this code: 69432-092024

To update your labor law posters contact  
**J. J. Keller & Associates, Inc.**  
[JKeller.com/laborlaw](http://JKeller.com/laborlaw)  
800-327-6868